

Walking Itineraries

5 Llangors The Lake Trail



Information

Where is it?

The Lake is signposted on the B4560 halfway between Talgarth and Bwlch and from the A40 1.5km east of Brecon, LD3 7TR. Explorer Map OL13 or Landranger Map 161 - SO 128 275.

Distance

3.5km (2 miles)

Time

Allow 1-2 hours.

Terrain

There are tarmac and hard surfaced paths leading over the common to the edge of the lake and to the Crannog. The walk is mostly level- grassy paths and a short tarmac section. Part of the walk gets boggy in wet weather. It is stile free but there are some steps at the bridge. If you use a wheelchair or scooter, there is a route which allows cars to get closer to the bird hide. If you wish to use this route please contact the National Park Authority on 01874 624437.

Grade Easy.

Please note

Trails can become slippery due to adverse weather conditions. Please take extra care when walking. Suitable footwear, sturdy shoes or boots with a good grip, are best worn at all times.

The lake trail is a family-friendly walk around the western side of Llangors Lake. The route is waymarked by green-ringed posts and information boards are provided at various points along the way.

Llangors Common is a popular spot for picnics and is also grazed by horses, sheep and cattle. Llangors Lake is the largest natural lake in South Wales and an important haven for wildlife. It is home to a 9th Century artificial island, known as the Crannog. The replica Crannog nearby has a small accessible visitor centre in the style of a thatched, round house.

The Route



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- 1 Leaving the car park at Llangors Common (SO 128 275) head straight across the common to the bridge to the right of the sailing club. The trail to the bird hide around the lake is waymarked by green-ringed posts and information boards are provided at various points along the way. Allow about 50 minutes to reach the hide. The paths cross farmland where sheep and cattle graze.



- 2 Llangasty bird hide, opened by HRH The Prince of Wales in 2012, is constructed from traditional materials and features a roof thatched with water reed from Wales. The bird hide, which has benches and built-in bird guides is designed to accommodate wheelchairs.



- 3 Return by the same route back to the car park.

Variation

To shorten Llangasty Bird Hide and Meadows.

On the southern shore of Llangors Lake, the wildflower meadows, reed beds and bird hide at Llangasty are an ideal spot for watching wildlife. The route from the car park at Llangasty Church passes through 3 narrow kissing gates. This is a level and gentle 700 metre walk across meadows and through a small bit of woodland. There are short sections of boardwalk over the wettest areas. Allow about 1 hour in total, 1.5km/1 mile return.

Where is it?

Llangasty is just off a minor road between Pennorth and Bwlch, on the south side of Llangorse Lake about 8km south east of Brecon LD3 7PX. Explorer Map OL 13 or Landranger Map 161-SO 134 262. Free parking at small car park on lakeside by Llangasty Church. Unsuitable for a minibus

Activities suitable on this route

Bird watching, photography, journey sticks, colour palettes.

Llangors The Lake Trail

- 1 Craig-y-nos
- 2 Talybont
- 3 Taf Fechan
- 4 Pontneddfechan
- 5 Llangorse
- 6 Pen-y-crug
- 7 Twyn-y-gaer
- 8 Llanfoist
- 9 Sugar Loaf Mountain
- 10 Cribarth

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OUR NATIONAL PARK



Information

Parking Free parking at Llangors Common. There is disabled parking closer to the lake.

Refreshments and toilets There is a café and shop near the car park. Ring 01874 658226/658170 for opening times. There are also public toilets, including a disabled access toilet.
www.llangorselake.co.uk/the-lake.html

Public Transport No

Nearest Towns

Llangors – 2 pubs, Brecon – all major facilities.

Websites

www.geocaching.com/play
www.breconbeacons.org
www.llangorselake.co.uk
www.aroundllangorselake.co.uk

Dogs Suitable for dogs. All dogs should be on a lead near livestock/lakeside.

Sample Itinerary

- 10.30** Arrive at Llangors Common. Visit the Crannog before following the trail around the lake, stopping at the information boards along the way.
- 11.30-12.00** Visit the bird hide, which has benches and built-in bird guides.
- 12.30-1.30** Lunch at one of the many picnic spots or café.
- 1.30 on** Boat hire available at the lake. Depart for home.

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